



VOL A VOILE **SISTERON**

ALPES DE HAUTE PROVENCE

COVID HEALTH CARE 19

APPLICABLE FROM 20TH JULY 2020

GENERAL HEALTH GUIDELINES

"Barrier" measures are put in place at all key times, they must be rigorously enforced.

Limitations

- Before you go to the club

A COVID 19 self-assessment will have to be done, as per the attached model, at home by each member.

Be sure to bring a mask, a bottle of hydroalcoholic gel and all cleaning necessities (antiseptic wipes, soap, roll of household paper...).

In order for us to organize the days, **it is compulsory to register for the planning schedule accessible on SmartGlide**. If you are having difficulty doing so, call the club (secretariat: 04 92 62 12 47, chief pilot: 06 11 23 19 80) and we will help you.

- Arrival at the club

In the field, the wearing of a mask is recommended and is mandatory if the minimum distances of 1m (2m in case of effort) cannot be respected.

Closures and capacity limitations must be strictly adhered to:

- Pegasus: closed - bring a cold meal
- **Pilot room: wearing a mask is mandatory**
- Workshop: limit to 2 people - unless a glider is being assembled - closed doors
- **Briefing room: 20-person limit - wearing a mask is mandatory**
- **Office public area: limited to 2 people - wearing a mask is mandatory**

APPLY STRONG BARRIER MEASURES

- No handshakes, no hugs, no kisses,
- Physical distance between each person of at least 1.5 m,
- Maximum group size of 4 people,
- Meeting time limited to 15 minutes maximum.

Please report your **presence to the "Responsable des vols" (Chief Pilot) as identified on the daily information board**, as soon as you arrive and whether you are flying or not. This one will put you on the attendance card of the day, which is compulsory.

Disinfection of materials

All pilots, crew and drivers must systematically **disinfect the material they have used before and after each use**. Here is a non-exhaustive list:

- Aircraft
- Club Vehicles - **only one person authorized per vehicle**
- Radios
- Batteries
- Parachutes - only steel buckles are to be disinfected
- Cables

MESURES DE PRÉCAUTION AVANT LE VOL

Briefing

The briefing room is limited to a maximum of 20 people, with a minimum distance of 1.5 m. The entrance to the room will be one by one, and each participant is required to wash their hands as they enter the room, with hydroalcoholic gel.

If the number of participants exceeds 10 people, the briefings are carried out outdoors with appropriate means of information (paperboard) and always with a minimum distance of 1.5 m between each person.

Exiting and preparing machines

- Taking a glider or plane to the piste (2 people for a mono and 3 for a two-seater),
- Stand more than 2 m apart during in the hangar and throughout the journey to the piste
- The pilot room is closed for the time being. **Contact the “Responsables Des Vols” (Chief Pilot) manager who will assign you a parachute and entrust you with the batteries and documents of the machine.** Prepare the glider (batteries, weights etc, ...).
- Wash your hands again or switch to a hydroalcoholic solution,
- Bring an antiseptic wipe and clean the opening handles of the canopy, the control handles, the dashboard (frequency selection buttons, ATC, altimeter, microphone holder, vario and flight computer controls, etc.),
- Clean the microphone with a wipe: swan neck, head and microphone **grill. Install a food-type film on the head of the microphone**, film that you must remove and throw in the trash with each change of pilot.

If possible, always use a vehicle for taking gliders to the piste. Dutifully disinfect the controls of the vehicle after each use.

The meal

The Pegasus clubhouse is closed until further notice. Meals must be taken outdoors, again strictly respecting the principles of distance and barrier gestures.

PRECAUTIONARY MEASURES DURING THE FLIGHT PHASES

The **general measures** described above must be applied, particularly during the preparation and ground waiting phases where distance measures must be strict.

Solo flight

- Wearing a mask in solo-flight mask is not necessary – but the mask must be worn until the canopy is closed at the start of each flight, and the mask must be worn before the canopy is opened at the end of the flight.
- As soon as you as a pilot are equipped and installed in the glider (parachute and harness), **avoid touching your face.**
- The pilot must **disinfect the cockpit** just before getting into the cockpit, and after any pre-flight checks, even if a **disinfection was performed by the previous pilot.**

Two-seater flying

- **Wearing a mask in a two-seater glider is compulsory, throughout the flight**
- As soon as the crew is equipped and installed, **avoid touching your face.**

Any instruction can be done:

- A la carte with **one student per instructor,**
- In groups (maxi 3 students/day). The instructor will gather his students for a briefing while respecting the distance measures.
- Upon landing, the trainee removes his parachute and removes the plastic film from the microphone he throws into the garbage can provided for this purpose.
- The new trainee, after washing his hands with hydroalcoholic gel, lays **a new film to protect the microphone..**
- **The pilot must carefully disinfect the seat** and cockpit elements with the equipment available (sprayer/paper).
- Meanwhile, the instructor debriefs the previous intern.
- During the flight, the side vents type scoops should be open.

PRECAUTIONARY MEASURES AFTER THE FLIGHT

After landing the help of one or two other members is required to get the machine off the runway. Use the club electric buggies where possible, which must always be properly disinfected before and after use.

Machine return to hangar

- The return of the machine to the hangar is done in the same way as the exit of the glider/plane, with spacing during the effort of at least 2 m from each person,
- Wash your hands with hydroalcoholic gel,
- Proceed with its usual cleaning (emphasizing the external areas of the glider that have been touched or pushed, including the tail dolly, wing wheels, ...),
- Disinfect the cockpit with the equipment available,
- Remove battery and parachute from the glider and fill the logbook with your own personal pen,
- Disinfect all cockpit elements (similar to the glider entry procedure),
- Finish with the handles for the glider cockpit canopy (through the scoops which should be left open),
- After storing the material wash your hands, preferably with soap, for 30 seconds, or with hydroalcoholic gel,
- Disinfect all club vehicles, winch, tug, tow/winch cable, portable radio, computers, flight recorders, etc.

After the end of the flight, limit any meetings to a maximum of 4 people.

Maintain minimum barrier measures such as on arrival.